



Happy teeth. Happy life. Seriously.

CONSCIOUS SEDATION INFORMATION FORM

We have listed some things to remember before your next dental appointment with conscious sedation:

It is very important that you arrange a companion to both bring you to and straight home from your dental appointment. If there are any changes to your treatment plan once your sedation has begun please let us know who we should consult and whether it is appropriate to speak to your companion about changes to your dental care.

You will receive 2 medications from the pharmacy. Please take the 5mg of Diazepam (Valium) the night before your appointment at bedtime. It will help you sleep comfortably before your appointment and make the anesthetic more effective the day of your treatment.

Please bring the Triazolam (Halcion) tablet(s) to your appointment.

We will prepare them for you to take in the office.

Make sure you don't eat or drink anything at least 6 hours before your appointment. Take all your normal medications with a sip of water. Let Dr Ulmer know if you are diabetic.

If you take any other sedative medications please let Dr Ulmer know— you should withhold any other sedatives at least 24 hours before your appointment. **The medications prescribed for sedation will interfere with any other sedative medications.** If you are able, please abstain from smoking and any other stimulants for 12 hours before your appointment.

Please do not wear any jewelry, contact lenses or wristwatch to your appointment.

Following your sedation dental appointment:

The sedative can last up to 24 hours so don't plan on driving, operating hazardous devices, heavy lifting, climbing stairs, or making any important decisions.

Please use all pain medications as prescribed.

Before you go home and fall asleep— make sure to eat something soft and drink plenty of water— this will help clear the sedative agents from your system.

Someone from our office will call you the day following your appointment to see how you are feeling and alert you to any changes that occurred with your treatment plan while you were sedated. You will also be scheduled for any necessary follow up visits at that time.

If you have any questions after your appointment please call the office 509-468-3233 to reach Dr Ulmer